



INTERNET ARTICLE

Young people taught to live healthy lives

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Government has made an impassioned plea to the youth to conduct themselves in good manners including living healthy lifestyle.

The call was made on behalf of the State by the Department of Water and Sanitation through the Sanitation Unit, Department of Education and municipalities in the Eastern Cape.

This was during the annual campaigns which these State departments embark on awareness events to educate and empowering young and the community on health and hygiene matters.

Of significance, part of the people who attended the gathering included the department and its stakeholders who gathered at Elliot Public School in Elliot to mark the celebration of Sanitation Month.

The Sanitation Project Manager in the department, Mr Khodani Munyai, addressed the gathering on the importance of health and hygiene and good living, adding that:

“You should always keep the toilet clean and close the toilet seat lid as well as the door to minimize the spread of diseases. Throwing foreign objects in the toilet such as disposable nappies, etcetera causes blockages which when they overflow can contaminate water resources.”

The Principal of the school, Mr Cebo Ndlebe said that he was very delighted about the work that the department and other stakeholders are doing to educate young and older people about health and hygiene.

“I have also learnt a lot from your presentation because I did not know that putting chemicals inside toilets such as Jayes Fluid is actually causing more harm than good because it kills bacteria meant to degrade organic matter.”

The learners were asked questions about what they learned from the presentation just to assess whether they received the messages and understood it. Some of the questions were about the right or rather correct time to wash one’s hands, things that are allowed to be disposed inside a toilet and ways of saving water.





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Those who gave the correct answers were rewarded with some promotional items such as squeeze bottles, rulers, hand soaps and many others items on hand.

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