

# IINGCEBISO NGOKONGA AMANZI

IsiXhosa

## Ekhaya/kwishishini

- Yivale impompo xa uhlamba ubuso, uxukuxa okanye ucheba indevu.
- Xa usebenzisa ishawa imizuzu emihlanu ngosuku xa uhlamba, endaweni yokusebenzisa ibhafu, usebenzisa amanzi asisinye esithathwini kulawo ubunokuwasebenzisa xa uhlambela ebhafini, ngolo hlobo ube wonge iilitha ezingama-400 ngeveki.
- Xa usebenzisa ishawa usebenzisa iilitha zamanzi ezingama-20 ngomzuzu.
- Ukuba uthanda ukuhlambela ebhafini, ungayigcwalisi qhu ibhafu.
- Xa uhlambela ebhafini usebenzisa iilitha zamanzi eziphakathi kwama-80 ne-150 ngebhafu nje enye.
- Sebenzisa iintloko zeshawa eziwakhupha kancinci amanzi, izixhotyana zokugungxula kwindlu yangasese ezigungxula ngeendlela ezimbini kunye noomatshini bokuhlamba abangasebenzisi manzi kakhulu.
- Iketile mazingagcwaliswa kakhulu, mazigalelwe amanzi aza kusetyenziswa ngelo xesha. Okukunceda nokuba kungasetyenziswa umbane ngaphezu kwemfuneko.
- Musa ukuzigcwalisa kakhulu iimbiza zokupheka, njengoko oku kunokubangela ukuba usebenzise umbane omninzi ukwenza amanzi ukuba afudumale.
- Ukuphungula umthamo wamanzi asetyenziswayo xa kugungxulwa kunganceda konge amanzi angama-20%. Oku kungenziwa ngokuba ufake kwitanki lokugungxula ibhotile eyi-2 l yesiselo uze uyigalele amanzi kunye nesanti encinci ukuze ibe nobunzima.
- Zilungise iindawo ezivuzayo kwimibhobho yendlu yangasese ngapha koko ungazibona ulahlekelwa ngamanzi azilitha ezingama-100 000 ngonyaka nje omnye.
- Musa ukugungxula nokuba akukho mfuneke. Zilahle emgqobeni izinto ezifana namaphetshana amdaka, izinambuzane nenye inkunkuma endaweni yokuba uyigungxulele kwindlu yangasese. Rhoqo xa ugungxula, usebenzisa iilitha ezili-12 zamanzi.
- Sebenzisa amanzi asele esebenzile – umzekelo, amanzi ebekuhlanjwa ngawo ngabantu, ebekuhlanjwa ngawo iimpahla ngomatshini namanye anokusebenziseka kwakhona – ugungxule ngawo.
- Musa ukugcwalisa iqula lokudada lakho kakhulu okanye ulitshintsha-tshintshe amanzi rhoqo.
- Sebenzisa ibhakethi endaweni yethumbu xa uhlamba imoto. Xa usebenzisa ithumbu lifake intloko enempompo oza kumana uyivala ngoku uhlamba imoto. Ukusebenzisa ithumbu kungatya iilitha ezingama-30 zamanzi ngomzuzu.
- Musa ukugalela ipeyinti nekhemikhali kwimibhobho yamanzi.
- Amafama mawaqinisekise ukuba amachiza okubulala izinambuzana awasondeli kwiindawo ezihlala amanzi okanye imijelo yamanzi.
- Imizi-mveliso kufuneka iyithathele ingqalelo indlela ewalahlala ngayo amanzi anemekyuri nezinye iikhemikhali ezinobungozi ezifana nayo.
- Abantu abahlala kwiindawo ezisemaphandleni nabo kufuneka balumke bangasebenzisi imilambo neentlambo njengezindlu zangasese.

## Etonini

- Izityalo zakho zinkcenkceshele ekuseni okanye ngorhaya, xa amaqondo obushushu epholile. Phakathi kwentsimbi ye-10:00 neye-15:00 ungalahlekelwa ngamanzi angama-90% ngokuba ajike abe ngumphunga.
- Rhoqo xa ubilisa iqanda, waggcine amanzi, xa sele epholile unkcenkceshele ngawo iintyatyambo zakho ezisendlwini. La manzi anezichumisi eziphuma kumaqokobhe amaqanda.
- Tyala izityalo ezizinkulelane zize zona ezo zingezonkulelane zibe zezi zingasebenzisi manzi kakhulu (kodwa ingabi zezi zishabalalisa ezinye izityalo.)
- Izityalo zityale uzihlele ngokwendlela eziwasebenzisa ngayo amanzi kwaye usebenzise nezigcina-kufuma ecaleni kwazo.
- Musa ukusinkcenkceshela rhoqo isitya sakho, kodwa xa uthe wenza njalo sinkcenkceshele ngokufanelekileyo. Ukusebenzisa ithumbu lokunkcenkceshela kungasebenzisa amanzi azilitha ezingama-30 ngomzuzu.
- Zisuse izityalo ezingezonkulelane ezitshabalalisa ezinye kwiyadi yakho.
- Amanzi emvula angaluncedo ngokuba agcinwe ematankini, asetyenziselwe ukunkcenkceshela.
- Sebenzisa amanzi asele esebenzile – umzekelo, amanzi ebekuhlanjwa ngawo ngabantu, ebekuhlanjwa ngawo iimpahla ngomatshini namanye anokusebenziseka kwakhona – unkcenkcheshele isitya sakho ngawo



water & sanitation

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